

## 2^ Tappa winter challenge - 5km

domenica 29 novembre 2009

pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
1	112	OUKHRID LHOUSAIN	CSI VARESE PSV	MAR	TM	1	00:16:12	00:16:12	18,51
2	197	SALVIONI MATTEO	S.G. COMENSE	ITA	TM	2	00:16:59	00:16:59	17,66
3	223	RAHHAL NADER	ATL MIOTTI	ITA	TM	3	00:17:15	00:17:15	17,40
4	94	RAIMONDI MATTEO	ATLETICA PALZOLA	ITA	TM	4	00:17:21	00:17:21	17,29
5	219	DE MURU STEFANO	GS MONTESTELLA	ITA	TM	5	00:17:24	00:17:24	17,25
6	131	LUCIANI SIMONE	S.G. COMENSE	ITA	TM	6	00:17:25	00:17:25	17,23
7	15	RIPAMONTI GIACOMO	ATL. FANFULLA	ITA	JM	1	00:17:25	00:17:25	17,23
8	220	BASOLI ANDREA	RUNNERS VALBOSSA	ITA	TM	7	00:17:32	00:17:32	17,11
9	209	GIANI GIACOMO	CUS DEI LAGHI	ITA	JM	2	00:17:38	00:17:38	17,01
10	214	PAOLETTA CRISTIAN	MARATHON MAX	ITA	TM	8	00:17:46	00:17:46	16,89
11	204	FRONTINI FABIO	ATLETICA SAN MARCO	ITA	TM	9	00:17:47	00:17:47	16,87
12	193	REGGIORI GIOVANNI	CUS DEI LAGHI	ITA	JM	3	00:17:50	00:17:50	16,82
13	16	MARCHESIN CRISTIANO	ATLETICA CASORATE S.	ITA	TM	10	00:17:52	00:17:52	16,79
14	41	CANTISANI BIAGIO	ATLETICA CASORATE S.	ITA	M40	1	00:17:59	00:17:59	16,69
15	132	BELTRAMI MANUEL	GP GAZZADA SCHIANNO	ITA	TM	11	00:18:01	00:18:01	16,66
16	232	SCARPA LUCA	MARATHON MAX	ITA	TM	12	00:18:01	00:18:01	16,65
17	136	COLASURDO DANIELE	CSI VARESE PSV	ITA	TM	13	00:18:06	00:18:06	16,58
18	86	RODARI ENRICO	ATLETICA VERBANO	ITA	TM	14	00:18:08	00:18:08	16,54
19	226	BASSETTO PAOLO	7 LAGHI RUNNERS	ITA	TM	15	00:18:10	00:18:10	16,51
20	166	MULE' FRANCESCO	MARATHON MAX	ITA	TM	16	00:18:12	00:18:12	16,48
21	198	GADOLA LUCA	S.G. COMENSE	ITA	TM	17	00:18:17	00:18:17	16,41
22	124	TROGU ANTONIO	ATLETICA DA PAURA	ITA	M40	2	00:18:22	00:18:22	16,34
23	233	ANTOGNAZZA ALBERTO	MARATHON MAX	ITA	TM	18	00:18:22	00:18:22	16,33
24	217	CERANA FILIPPO	CAIRATESE	ITA	JM	4	00:18:25	00:18:25	16,29
25	190	PINI ALBERTO	RUNNER VARESE	ITA	M40	3	00:18:26	00:18:26	16,27
26	128	PAONESSA MARIO	MARATHON MAX	ITA	TM	19	00:18:27	00:18:27	16,26
27	110	TIOZZO MARCO	7 LAGHI RUNNERS	ITA	TM	20	00:18:28	00:18:28	16,24
28	192	ZANOTTI LORENZO	ATL. GAVIRATE	ITA	JM	5	00:18:29	00:18:29	16,23
29	194	SAMPIETRO CECILIA	S.G. COMENSE	ITA	TF	1	00:18:35	00:18:35	16,15
30	228	ZUCCHELLI ALESSANDRO	DAINI CARATE BRIANZA	ITA	TM	21	00:18:37	00:18:37	16,12
31	165	LIA GIACOMO	MARATHON MAX	ITA	M40	4	00:18:39	00:18:39	16,09
32	236	TREMEA FLAVIO	RUNNERS VALBOSSA	ITA	M40	5	00:18:40	00:18:40	16,07
33	31	POLLONI FABIO	RUNNERS OLONA	ITA	TM	22	00:18:43	00:18:43	16,02
34	8	MARCATINI FABIO	ATLETICA CASORATE S.	ITA	TM	23	00:18:47	00:18:47	15,98
35	134	LUCCA GIORGIO	CANTU' ATLETICA	ITA	TM	24	00:18:47	00:18:47	15,97
36	200	FAID M. AMINE	S.G. COMENSE	ITA	JM	6	00:18:51	00:18:51	15,91
37	104	RUZZA STEFANO	ATLETICA SAN MARCO	ITA	TM	25	00:18:53	00:18:53	15,89
38	68	PANARIELLO MARIO	ATLETICA CASORATE S.	ITA	M40	6	00:18:55	00:18:55	15,86
39	95	AMATO DONATO	MARATHON MAX	ITA	M40	7	00:18:58	00:18:58	15,82
40	144	MINCHIO MAURO	A.R.C. BUSTO A.	ITA	M40	8	00:18:59	00:18:59	15,80
41	70	PANARIELLO ANTONIO	ATLETICA CASORATE S.	ITA	M40	9	00:19:05	00:19:05	15,73
42	162	FARDELLI FEDERICO	CAIRATESE	ITA	JM	7	00:19:12	00:19:12	15,63
43	100	COVA CAIAZZO SILVERIO	ATLETICA SAN MARCO	ITA	M50	1	00:19:13	00:19:13	15,61
44	5	BIANCHI ILARIA	ATL. VALLECAMONICA	ITA	TF	2	00:19:13	00:19:13	15,61
45	129	PEZZINI ROBERTO	MARATHON MAX	ITA	M50	2	00:19:14	00:19:14	15,60
46	201	MOLTENI STEFANO	S.G. COMENSE	ITA	M40	10	00:19:17	00:19:17	15,56
47	82	PESCE ZEFFIRO	MARATHON MAX	ITA	M50	3	00:19:19	00:19:19	15,53
48	58	DELLA VENTURA ANTONIO	CSI VARESE PSV	ITA	M40	11	00:19:22	00:19:22	15,49
49	22	GOBBO GIANCARLO	ATL. LAGO MAGGIORE	ITA	M50	4	00:19:24	00:19:24	15,47
50	122	MAFFONGELLI MARIO	RUNNER VARESE	ITA	M50	5	00:19:26	00:19:26	15,44
51	30	PURICELLI ANTONIO	ATLETICA CASORATE S.	ITA	TM	26	00:19:26	00:19:26	15,43
52	225	D'ANGELO ANDREA	S.G. COMENSE	ITA	TM	27	00:19:28	00:19:28	15,41
53	106	COPES STEFANO	7 LAGHI RUNNERS	ITA	TM	28	00:19:29	00:19:29	15,40

## 2^ Tappa winter challenge - 5km

domenica 29 novembre 2009

pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
54	85	MERLIN MASSIMO	7 LAGHI RUNNERS	ITA	M40	12	00:19:30	00:19:30	15,39
55	88	ZANOTTI MARIO	RUNNERS VALBOSSA	ITA	M40	13	00:19:30	00:19:30	15,38
56	11	MARASI FABRIZIO	ATLETICA CASORATE S.	ITA	M40	14	00:19:32	00:19:32	15,36
57	13	LETRURIA MARCO	G.P. MIRALAGO	ITA	M40	15	00:19:33	00:19:33	15,34
58	127	MONTICHIARI GIUSEPPE	MARATHON MAX	ITA	M40	16	00:19:36	00:19:36	15,31
59	114	MACCHI GIUSEPPE	MARATONETI CASSANO	ITA	M50	6	00:19:37	00:19:37	15,29
60	62	PETTINATO VINCENZO	ATLETICA CASORATE S.	ITA	TM	29	00:19:38	00:19:38	15,28
61	98	VANZULLI STEFANO	RUNNING SARONNO	ITA	TM	30	00:19:39	00:19:39	15,26
62	103	GRASSINI GIOVANNI	RUNNER VARESE	ITA	M60	1	00:19:43	00:19:43	15,21
63	43	PANIZ SANDRO	CSI VARESE PSV	ITA	M50	7	00:19:49	00:19:49	15,13
64	33	MURGIA SILVIA	ATLETICA CASORATE S.	ITA	TF	3	00:19:50	00:19:50	15,13
65	56	FRAQUELLI GIANCARLO	ATHLETIC TEAM LARIO	ITA	M40	17	00:19:58	00:19:58	15,03
66	115	ALEZIO ANTONIO	RUNNERS VALBOSSA	ITA	M60	2	00:20:00	00:20:00	15,00
67	10	LEONI ALFONSO	G.P. MIRALAGO	ITA	M60	3	00:20:03	00:20:03	14,96
68	212	BOSCANI GIAMPIETRO	ATL. CENTO TORRI PAVIA	ITA	M50	8	00:20:05	00:20:05	14,94
69	7	RIVA CARLO	S.G. COMENSE	ITA	TM	31	00:20:06	00:20:06	14,92
70	101	VERONESI MICHELE	MARATONETI CASSANO	ITA	TM	32	00:20:07	00:20:07	14,91
71	230	MIGLIORINI GIOVANNI	MARATHON MAX	ITA	M40	18	00:20:07	00:20:07	14,91
72	2	GAMBUZZA ROBERTO	S.G. COMENSE	ITA	M40	19	00:20:09	00:20:09	14,89
73	99	LE ROSE FIORENZO	ATLETICA VERBANO	ITA	M40	20	00:20:09	00:20:09	14,89
74	185	CERONI GIOVANNI	CUNARDO CSI	ITA	M40	21	00:20:14	00:20:14	14,83
75	213	GRAMEGNA LUCIANO	MARATHON MAX	ITA	M50	9	00:20:14	00:20:14	14,83
76	227	ZEN PIERO	ATLETICA CASORATE S.	ITA	M40	22	00:20:14	00:20:14	14,82
77	44	CROCI RENZO	MARATONETI CASSANO	ITA	M40	23	00:20:15	00:20:15	14,81
78	34	GHIELMI MARTINO	CSI VARESE PSV	ITA	TM	33	00:20:17	00:20:17	14,79
79	50	CARGNIN LUCA	MARATHON MAX	ITA	M40	24	00:20:19	00:20:19	14,76
80	116	ANDRIOLO TIZIANO	CRAL BANCA POP. BG	ITA	M40	25	00:20:20	00:20:20	14,76
81	71	PIROVANO DIMITRI	ATLETICA CASORATE S.	ITA	TM	34	00:20:23	00:20:23	14,71
82	48	CARUGATI ALBERTO	RUNNING SARONNO	ITA	TM	35	00:20:24	00:20:24	14,71
83	19	STROZZI LORENA	ATLETICA CASORATE S.	ITA	F40	1	00:20:25	00:20:25	14,69
84	38	MAZZOLA MAURO	CSI VARESE PSV	ITA	TM	36	00:20:30	00:20:30	14,64
85	187	MARCAZZANI RICCARDO	POD. VALLE OLONA	ITA	M40	26	00:20:31	00:20:31	14,62
86	75	FIANDRA ALBERTO	CSI ATHLON RUNNERS	ITA	M40	27	00:20:32	00:20:32	14,61
87	224	ZANETTI PIETRO	AERMACCHI	ITA	M50	10	00:20:33	00:20:33	14,60
88	196	MONTINI ELENA	S.G. COMENSE	ITA	F40	2	00:20:37	00:20:37	14,55
89	69	PANARIELLO ROBERTO	ATLETICA CASORATE S.	ITA	TM	37	00:20:40	00:20:40	14,51
90	234	BIANCHI GABRIELE	MARATONETI CASSANO	ITA	TM	38	00:20:42	00:20:42	14,49
91	6	BIANCHI VIVIANA	S.G. COMENSE	ITA	TF	4	00:20:42	00:20:42	14,49
92	156	PANZERI EMANUELE	RUNNING SARONNO	ITA	TM	39	00:20:45	00:20:45	14,46
93	121	PANZA ANTONELLA	CSI VARESE PSV	ITA	TF	5	00:20:47	00:20:47	14,44
94	119	PORRI MARCO	ATLETICA SAN MARCO	ITA	M40	28	00:20:50	00:20:50	14,40
95	208	NICORA MARCO	GP GAZZADA SCHIANNO	ITA	TM	40	00:20:50	00:20:50	14,40
96	61	SECCI ALDO	ATLETICA CASORATE S.	ITA	M40	29	00:20:52	00:20:52	14,37
97	186	PURICELLI FRANCO	ATLETICA 3V	ITA	M50	11	00:20:54	00:20:54	14,36
98	49	LISCHETTI CINZIA	MARATHON MAX	ITA	TF	6	00:20:54	00:20:54	14,35
99	28	CIOTTI NICOLA	TRIATHLON VARESE	ITA	TM	41	00:20:56	00:20:56	14,34
100	145	ALVAZZI LUCIANO	ROAD RUNNERS CLUB MILANO	ITA	TM	42	00:20:59	00:20:59	14,30
101	177	MENASPA MAURIZIO	GP GAZZADA SCHIANNO	ITA	M40	30	00:21:00	00:21:00	14,29
102	133	MARENDON DAVIDE	MARATONETI CASSANO	ITA	TM	43	00:21:01	00:21:01	14,27
103	206	DONINOTTI DANIELE	ROAD RUNNERS CLUB MI	ITA	TM	44	00:21:02	00:21:02	14,26
104	181	FASAN LIVIO	RUNNERS VALBOSSA	ITA	M50	12	00:21:04	00:21:04	14,24
105	205	FUSATO FEDERICO	ROAD RUNNERS CLUB MI	ITA	TM	45	00:21:05	00:21:05	14,23
106	137	DI GREGORIO ELISABETTA	RUNNERS VALBOSSA	ITA	TF	7	00:21:07	00:21:07	14,21

## 2^ Tappa winter challenge - 5km

domenica 29 novembre 2009

pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
107	107	BELOTTI GIOVANNI	7 LAGHI RUNNERS	ITA	M40	31	00:21:16	00:21:16	14,10
108	216	STROZZI LORENZO	EUROATLETICA 2002	ITA	M40	32	00:21:21	00:21:21	14,05
109	202	PERLINI BEATRICE	CANTU' ATLETICA	ITA	JF	1	00:21:23	00:21:23	14,03
110	89	GRISOTTO RITA	RUNNERS VALBOSSA	ITA	F40	3	00:21:24	00:21:24	14,01
111	63	FOSSA EMANUELA	ATLETICA CASORATE S.	ITA	F40	4	00:21:26	00:21:26	14,00
112	149	ZONCA GIANNI	RUNNERS VALBOSSA	ITA	M50	13	00:21:27	00:21:27	13,99
113	163	CONTE ANGIOLA	ATL. VIGNATE	ITA	F40	5	00:21:28	00:21:28	13,97
114	80	MELE MONICA	ATLETICA CASORATE S.	ITA	F40	6	00:21:39	00:21:39	13,86
115	78	ATTORRE GIUSEPPE	CSI ATHLON RUNNERS	ITA	TM	46	00:21:41	00:21:41	13,84
116	207	CALI' PASQUALINO	RUNNING SARONNO	ITA	M40	33	00:21:42	00:21:42	13,83
117	67	PANARIELLO DOMENICO	ATLETICA CASORATE S.	ITA	M40	34	00:21:43	00:21:43	13,81
118	45	MONTANARO ARMANDO	MARATONETI CASSANO	ITA	M50	14	00:21:44	00:21:44	13,80
119	178	MASCETTI CLAUDIO	ATLETICA 3V	ITA	M60	4	00:21:47	00:21:47	13,77
120	148	CASTELNOVO ENRICO	RUNNERS VALBOSSA	ITA	M50	15	00:21:49	00:21:49	13,75
121	231	ALZATI CLAUDIO	MARATHON MAX	ITA	M50	16	00:21:53	00:21:53	13,71
122	222	APADULA PIETRO	A.R.C. BUSTO A.	ITA	M50	17	00:21:57	00:21:57	13,66
123	29	CAMMARELLA CHRISTIAN	GAM WHIRLPOOL	ITA	TM	47	00:22:01	00:22:01	13,63
124	97	MARSIGLIO LAURA	CSI ATHLON RUNNERS	ITA	F40	7	00:22:03	00:22:03	13,61
125	79	COLOMBO FRANCESCA	ATLETICA LAMBRO	ITA	TF	8	00:22:03	00:22:03	13,60
126	169	VICARIO MARCO	RUNNERS VALBOSSA	ITA	M40	35	00:22:09	00:22:09	13,54
127	72	CAMPELLO CLAUDIO	RUNNER VARESE	ITA	M40	36	00:22:12	00:22:12	13,51
128	84	CERTO ADALBERTO	ATLETICA CASORATE S.	ITA	M50	18	00:22:16	00:22:16	13,47
129	113	MARCHESI SERGIO	MARATONETI CASSANO	ITA	M60	5	00:22:20	00:22:20	13,43
130	210	MORELLI FERNANDO	LIBERO	ITA	TM	48	00:22:20	00:22:20	13,43
131	138	CHIERICHETTI CLAUDIO	A.R.C. BUSTO A.	ITA	TM	49	00:22:22	00:22:22	13,41
132	221	ORLANDI ROBERTO	RUNNERS VALBOSSA	ITA	M50	19	00:22:28	00:22:28	13,35
133	96	TONIAZZO LUCA	MARATHON MAX	ITA	TM	50	00:22:33	00:22:33	13,30
134	1	BUFFON VITTORIO	MARATONETI CASSANO	ITA	M40	37	00:22:39	00:22:39	13,25
135	191	COSTADONE DAVIDE	ROAD RUNNERS CLUB MI	ITA	M40	38	00:22:44	00:22:44	13,20
136	229	MILONE FABIO	MARATHON MAX	ITA	TM	51	00:22:51	00:22:51	13,13
137	27	BINDA PAOLO	TRIATHLON VARESE	ITA	TM	52	00:22:59	00:22:59	13,06
138	130	LIRONI MORENA	S.G. COMENSE	ITA	TF	9	00:23:02	00:23:02	13,02
139	25	PIANZOLA FRANCO	CSI VARESE PSV	ITA	M50	20	00:23:06	00:23:06	12,99
140	211	CAZZANI GRAZIADEI	LIBERO	ITA	M40	39	00:23:08	00:23:08	12,97
141	203	PAGANI CARLOTTA	CANTU' ATLETICA	ITA	JF	2	00:23:09	00:23:09	12,96
142	66	LACERRA GAETANO	ATLETICA ARCISATE	ITA	M60	6	00:23:15	00:23:15	12,90
143	238	ADAMOLI CARLO	RUNNER VARESE	ITA	M50	21	00:23:22	00:23:22	12,84
144	126	JACKSON JANINE	ATLETICA CASORATE S.	ITA	TF	10	00:23:30	00:23:30	12,77
145	46	VILLA ENNIO	G.P. MIRALAGO	ITA	M60	7	00:23:32	00:23:32	12,75
146	102	GONZATO EGIDIO	RUNNERS VALBOSSA	ITA	M50	22	00:23:35	00:23:35	12,72
147	18	URBAN ROMEO	ATLETICA CASORATE S.	ITA	M50	23	00:23:38	00:23:38	12,70
148	47	TARTARI MARY	RUNNERS VALBOSSA	ITA	F60	1	00:23:42	00:23:42	12,66
149	73	RE SILVESTRO	ATLETICA CASORATE S.	ITA	M50	24	00:23:46	00:23:46	12,62
150	26	ANNONI ATTILIO	CSI VARESE PSV	ITA	M50	25	00:23:47	00:23:47	12,61
151	237	OROPEA MARIELA	BETTI'S GROUP	ITA	F40	8	00:23:51	00:23:51	12,58
152	142	LISCHETTI DANIELE	CSI VARESE PSV	ITA	M40	40	00:23:55	00:23:55	12,54
153	218	BARONE FRANCESCA	CUS DEI LAGHI	ITA	F50	1	00:24:13	00:24:13	12,39
154	105	REGGIORI ANNA	RUNNERS VALBOSSA	ITA	F50	2	00:24:28	00:24:28	12,26
155	39	LUALDI CARLO	ATLETICA SAN MARCO	ITA	M50	26	00:24:40	00:24:40	12,17
156	93	CERELLO ANGELO	ATLETICA CASORATE S.	ITA	M60	8	00:24:44	00:24:44	12,13
157	143	MARINELLI FRANCESCO	CSI VARESE PSV	ITA	TM	53	00:24:46	00:24:46	12,11
158	3	FORMA FABIO	ATLETICA CASORATE S.	ITA	TM	54	00:24:50	00:24:50	12,08
159	53	EFFIGIATI LUCA	7 LAGHI RUNNERS	ITA	JM	8	00:25:01	00:25:01	12,00

## 2^ Tappa winter challenge - 5km

domenica 29 novembre 2009

pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
160	24	ADAMO PANCRAZIO	MARATONETI CASSANO	ITA	M60	9	00:25:03	00:25:03	11,98
161	36	GHIRALDINI PAOLA	ATLETICA CASORATE S.	ITA	F50	3	00:25:08	00:25:08	11,94
162	92	BENEVENTO NICOLA	7 LAGHI RUNNERS	ITA	M50	27	00:25:33	00:25:33	11,74
163	37	CONCONI FABRIZIO	ATLETICA CASORATE S.	ITA	TM	55	00:25:40	00:25:40	11,69
164	120	ALBERGONI CRISTINA	GAM WHIRLPOOL	ITA	F40	9	00:25:50	00:25:50	11,61
165	235	FERRAZZO MARCELLINO	MARATONETI CASSANO	ITA	M40	41	00:26:10	00:26:10	11,46
166	176	RESS SUSANNE	libero	ITA	F50	4	00:26:21	00:26:21	11,39
167	9	TRICELLA GIANLUCA	ATLETICA CASORATE S.	ITA	M50	28	00:26:45	00:26:45	11,22
168	55	UCCI GIUSEPPINA	CSI VARESE PSV	ITA	F50	5	00:26:50	00:26:50	11,18
169	54	EFFIGIATI GIULIO	7 LAGHI RUNNERS	ITA	M40	42	00:27:13	00:27:13	11,02
170	14	PROVERBIO VITTORE	G.P. MIRALAGO	ITA	M60	10	00:27:15	00:27:15	11,01
171	21	DAL FORNO NATALINA	RUNNERS VALBOSSA	ITA	F50	6	00:27:36	00:27:36	10,87
172	65	RUSSO ELIO	ATLETICA ARCISATE	ITA	M50	29	00:27:51	00:27:51	10,77
173	118	GNOATO MICHELLE	ATLETICA BELLINZAGO	ITA	JF	3	00:28:26	00:28:26	10,55
174	117	GNOATO FABRIZIO	ATLETICA BELLINZAGO	ITA	M40	43	00:28:27	00:28:27	10,54
175	83	BACCARIN PATRIZIA	LIBERO	ITA	F40	10	00:30:06	00:30:06	9,97
176	215	RIVA SAMANTHA	EUROATLETICA 2002	ITA	F40	11	00:30:51	00:30:51	9,72
177	52	OSSOLA ADELIO	CSI TEAM DI-BI	ITA	M60	11	00:32:13	00:32:13	9,31
178	111	MICHELI FRANCESCA	CSI VARESE PSV	ITA	F40	12	00:36:17	00:36:17	8,27
179	87	AMMIRATORE MASSIMO	CSI VARESE PSV	ITA	TM	56	00:37:28	00:37:28	8,01
180	35	URH MICHELA	ATLETICA CASORATE S.	ITA	TF	11	00:37:28	00:37:28	8,01
181	182	DORIGO GIULIO	ATLETICA GHEPARDO	ITA	M60	12	00:39:28	00:39:28	7,60
182	90	GUASTAMACCHIA MIMMA	7 LAGHI RUNNERS	ITA	F50	7	00:39:51	00:39:51	7,53